

## **Title**

The Human Rights Challenges of Nepali Migrant Workers in India's Informal Unskilled Sector: A Case Study of the Karnali Region, Nepal.

## **Abstract**

A significant number of Nepali migrant workers from Karnali region joins India's informal unskilled work sector every year, which includes domestic work, agriculture, security guard, and small-scale hotels and manufacturing. However, they often face a range of human rights challenges in their work, including low wages, poor working conditions, and exploitation. The legal and policy frameworks in India and Nepal related to the human rights of migrant workers in this sector are inadequate to protect their rights.

In such context, this research aims to investigate the human rights challenges faced by Nepali migrant workers from the Karnali region in India's informal unskilled sector, with a focus on legal and policy frameworks, and identify potential solutions to address these challenges. The specific research questions are:

- What are the human rights challenges faced by Nepali migrant workers from the Karnali region in India's informal unskilled sector?
- How do legal and policy frameworks in India and Nepal impact the human rights of Nepali migrant workers in the sector?
- What are the potential solutions to address the human rights challenges faced by Nepali migrant workers in the sector?

The study uses a qualitative research design, including document analysis of legal and policy frameworks related to the human rights of migrant workers in India and Nepal. The study is based on in-depth interviews with returnee migrant workers from India and other local key informants, such as community leaders, government officials, and civil society representatives, to gain insight into the human rights challenges faced by Nepali migrant workers in the sector. The data are analyzed through domain analysis and narrative analysis methods. A high ethical standard and safeguarding norms are applied to protect the respondents.

The study is expected to identify a range of human rights challenges faced by Nepali migrant workers in India's informal unskilled sector, including low wages, poor working conditions, and discrimination. The study may also find that legal and policy frameworks in India and Nepal are inadequate to protect the human rights of migrant workers in the sector. The study may propose potential solutions, such as strengthening legal and policy frameworks, improving working conditions and wages, and raising awareness among stakeholders about the human rights of migrant workers.